Eating Disorders Across the Lifespan and in Diverse Populations

November 11-13 | 2016
Philadelphia Airport Marriott
18 CEs/CMEs
OVERVIEW

The manifestations of eating disorders can appear at any point throughout the lifespan. Age, size, ethnicity, race, genetics, ability, class, gender, religion, sexual orientation or identity, singly or in any combination, may contribute to the risk of developing the illness. Conference 2016 will examine these features as well as the influence of maladaptive attachment and the marginalization of self.

Why you should attend the Conference:

- Has been recognized as one of the premier eating disorders conferences in the country for the past 26 years.
- Provides a forum for an in-depth exploration of clinical process, in addition to presentation of data and information.
- Allows you to enhance your knowledge of eating and food related problems, regardless of your practice setting.
- Features more than 25 workshops presented by renowned experts in the eating disorders field and four outstanding keynotes.
- Access to an online multimedia conference portal featuring speaker presentations and handouts will be available.
- Creates a sense of community and respect which allows professionals to talk honestly about what they do, say and feel when treating patients with eating disorders.
- Offers up to 18 CEs accredited by the APA, NASW, NBCC, PSNA and the Commission on Dietetic Registration. Continuing education credits are included in the registration fee.
- Offers up to 18 AMA PRA Category 1 Credits™. Continuing Medical Education Credits (CMEs) are included in the registration fee.
- Provides extensive networking opportunities through lunches and special breakfasts for males, nutrition therapists, diverse populations and the LGBTQ community.
- Conference registration includes meals, morning exercise and social events, as well as an orientation reception for new attendees on Thursday night.
- The Philadelphia Airport Marriott is centrally located and offers a low hotel rate.

Agenda

Thursday Evening, November 10, 2016

8:00-9:00 NEW ATTENDEE ORIENTATION
First time attendees! You are invited to a special evening orientation reception. Please join us for an opportunity to meet key Renfrew staff, learn the “ins and outs” of navigating the conference and network with other first time attendees. Light refreshments will be served.

Friday, November 11, 2016

6:45-7:30 MORNING EXERCISE: FUNky FIT
Nettie Reeves, CPT, CHC
Created by Charlotte’s Queen of Fitness, Nettie Reeves’ FUNky Fit will have you grooving and smiling as your body moves to the rhythms and beats from pop to R&B. Appropriate for all levels, all body types and all states of mind. “The mind, not the mirror, is the judge.”

7:45 – 8:45 GENERAL REGISTRATION & CONTINENTAL BREAKFAST

9:00-12:00 FRIDAY MORNING WORKSHOPS

FR1 Utilizing Sensitivity in the Treatment of LGBTQ Individuals with Eating Disorders
Brandi E. Baumkirchner, PsyD
Understanding the needs of marginalized populations, including members of the LGBTQ community, is key to adequately serving all types of eating disorder patients. This workshop provides foundational knowledge about the LGBTQ community, and examines the interplay between intersecting cultural identities, issues of privilege and oppression, and eating disorders treatment.

Didactic/Interactive • All Levels

FR2 More Than a Pretty Girl: Applying Objectification Theory and Research to the Understanding (and Undoing) of Body Image Disturbance and Disordered Eating Across the Lifespan
Rachel M. Calogero, PhD
Objectification theory offers a unique model for understanding women’s body image dissatisfaction and disordered eating across the life span. Empirical evidence for specific features of the model are reviewed, followed by case examples that demonstrate how feminist identification and activism can serve as antidotes to sexual and self-objectification.

Didactic/Interactive • All Levels

FR3 Beginning with Ourselves: Conversations About Race and Ethnicity in the Treatment of Eating Disorders
Sarah Chipps, PsyD & Marissa Sappho, LCSW, BCD, CEDS
Efforts in the eating disorder community to educate clinicians about best practices for minority patients have been insufficient. This workshop addresses the challenging question of how to enhance awareness, understanding and effective intervention during the treatment of racial and ethnic minorities. Particular emphasis is placed upon recognizing clinical blind spots.

Didactic/Interactive/Experiential • All Levels
FR4 Healing Hungry Hearts: Psycho-Spiritual Factors of Emotional Eating
Linda Ciotola, MEd, CHES, TEP, CETIII

This experiential workshop draws upon the developmental theory of J.L. Moreno, and methods from psychodrama, group psychotherapy and sociometry, to illustrate the disguised connections between physical, emotional and spiritual cravings and disordered eating. Specific therapeutic techniques such as soliloquy, doubling, mirroring and role reversal are illustrated.

Experiential/Didactic • Advanced

FR5 Breaking the Links of Experiential Avoidance and Psychological Rigidity: Using ACT and Radically Open DBT to Address Treatment - Resistance Maintenance Factors
Danielle Doucette, PsyD & Chelsea Bath, LPC

In order to facilitate a more complete recovery, eating disorder clinicians need to address experiential avoidance, rigidity and traits such as perfectionism and emotional constriction. This workshop illustrates how the treatment techniques of Acceptance and Commitment Therapy and Radically Open Dialectical Behavior Therapy help to resolve these treatment resistance characteristics.

Didactic/Interactive/Experiential • All Levels

FR6 The Barbara M. Greenspan Memorial Lecture
Preventing Eating Disorders: Looking Backward, Moving Forward; Looking Inward, Moving Outward
Dianne Neumark-Sztainer, PhD, MPH, RD

This workshop reviews eating disorders prevention, first looking back at work done with schools and families, and then looking forward to needs for the future. Next, it looks inward to consider a role for yoga, and finally, outward to explore the need for changes at the societal level.

Didactic/Interactive • All Levels

12:00-1:00 LUNCH

1:15-1:30 WELCOME
Judi Goldstein, MSS, LSW
Conference Chair

1:30-3:00 Keynote Presentation

From Competition to Care: The Evolution of a Feminist
Anne-Marie Slaughter, DPhil, JD

The spirit and momentum of the feminist movement has drastically changed the culture of the American workplace; but, paradoxically, as women’s ambition for success in the workplace has increased, their traditional role as caregivers has been devalued. In Unfinished Business: Women, Men, Work, Family, Anne-Marie Slaughter explains why businesses and families must recognize “care” as an integral part of life. In sharing her personal story, Dr. Slaughter inspires us to embrace a large cultural shift – building an infrastructure of care that empowers both men and women. Offering practical solutions and a broad outline for change, she presents a future in which all of us can finally have fulfilling careers together with the rewards of family life.

“The Renfrew Conference provides an open atmosphere where top presenters address provocative topics.”
FR10  Attachment-Based Family Therapy for Adolescents: Applications for Eating Disorders
Jody M. Russon, PhD & Annie Shearer, BA

Attachment-Based Family Therapy is an empirically supported treatment targeting adolescents with depression, suicidal conflict and trauma. This presentation explores how ABFT can be modified for eating disorders. Its purpose is to teach the clinical tenants of ABFT, and illustrate how ABFT can be adapted for the treatment of eating disorders.

Interactive • Advanced

FR11  Recovery, Wellness and the Brain
Craig Strickland, PhD & Winden S. Rowe, MS

This workshop presents current neuroscience research as it relates to traumatic exposure, including suggestions for practical applications in clinical work. In addition, non-pharmaceutical interventions to counteract the negative effects of traumatic exposure, such as mindfulness, yoga and general wellness techniques are described and explored.

Didactic/Interactive • Intermediate/Advanced

FR12  Binge Eating Disorder: Current Paradigms in Treatment and the Advancement of a More Inclusive Eating Disorders Community
Chevese Turner, BA & Robyn Goldberg, RDN, CEDRD

The inclusion of Binge Eating Disorder in the DSM-5 was a long overdue step towards building an eating disorder community that embraces its intersections with all marginalized populations. This workshop addresses the many nuances of treating BED, including the role of the dietician, and the impact of weight biases.

Didactic/Interactive • All Levels

6:30-9:30  EVENING GATHERING

Relax and unwind at our 26th annual evening gathering. This networking reception will include a buffet dinner, cash bar and DJ. Join us for a great dance party!

Saturday, November 12, 2016

7:30-8:15  MEN’S NETWORKING BREAKFAST
Hosted by: Samuel E. Menaged, JD & Steven Wiley Emmett, PhD

The men’s breakfast is committed to renewing and nurturing our sense of camaraderie, examining our long-held beliefs and ingrained attitudes, and sharing our myriad experiences as feminist-oriented male clinicians.

7:30-8:15  BREAKFAST HONORING DIVERSE POPULATIONS
Hosted by: Gayle E. Brooks, PhD & Paula Edwards-Gayfield, MA, LPCS, CEDS, NCC

Please join our annual networking breakfast celebrating diversity. This is an opportunity for practitioners to discuss ethnicity and eating disorders, including personal experiences treating ethnic minorities. Topics will focus on improving access to care, treatment considerations and outreach.

7:30-8:15  GENERAL REGISTRATION & CONTINENTAL BREAKFAST

8:30-10:00  Keynote Presentation

Wired for Healing: Dyadic Repair of Attachment Trauma
Diana Fosha, PhD

Until recently, the mental health field focused primarily on pathology and lacked concepts to capture clients' motivational strivings for health. Drawing upon neuroscience and developmental research, Accelerated Experiential-Dynamic Psychotherapy (AEDP) offers a new approach to transform emotional suffering. This keynote presentation describes the basic assumptions and working principles of AEDP which build on our innate capacities for restoration, self-righting and resuming impeded growth — for transformation. Using specific interventions for working with unresolved trauma and emphasizing the experience of the patient-therapist attachment, Dr. Fosha will explain how AEDP fosters patients’ being able to feel safe, deeply recognized and understood.

10:00-10:30  BREAK

10:30-12:30  SATURDAY MORNING WORKSHOPS

SA1  A Developmental Perspective on Binge Eating Disorder
Victoria Butterworth, PhD

Unresolved developmental trauma is a significant factor in Binge Eating Disorder. This workshop describes psychological damage that can occur in three different stages of childhood; the adult BED symptoms that follow when issues from these stages remain unresolved; and body-centered techniques for achieving developmental closure and symptom relief.

Didactic/Interactive • Advanced

“The Conference never fails to inspire, integrate and energize. It’s like coming home!”
SA2  Undoing Aloneness: The Transformation of Emotional Suffering  
Diana Fosha, PhD  
Using recordings of actual therapy sessions, this workshop describes the essential techniques of Accelerated Experiential-Dynamic Psychotherapy. Techniques will include dyadic affect regulation, healing-oriented emotion processing and metatherapeutic processing as well as an exploration of interventions that track and process the experience of core affect. AEDP techniques can consolidate therapeutic gains, foster resilience, expand relational capacity, and deepen receptive affective experiences of feeling seen, known, loved, and understood.
Didactic • All Levels

SA3  Biopsychosocial Transitions Across the Lifespan: Critical Risk Factors for Eating Disorders  
Margo Maine, PhD, FAED, CEDS & Theodore Weltzin, MD, FAED, CEDS, FAPA  
Biopsychosocial transitions create new meanings and experiences of the body, and normal external stressors ignite a major reorganization of the sense of self, including personality, cognitive and emotional structures. This workshop explores the relationship between biopsychosocial transitions and eating disorders across the lifespan including commonalities and differences across gender.
Didactic • All Levels

SA4  Matters of Life and Death: Eating Disorders and Suicide  
Nicole Siegfried, PhD, CEDS  
Individuals with eating disorders are at high risk for suicide, yet most providers receive very little training in suicide assessment and intervention. This workshop offers an intensive training experience in suicidality among eating disorder patients, including the latest advances in best practice interventions.
Didactic/Interactive/Experiential • Intermediate/Advanced

SA5  It Takes a Village: Providing Treatment, Coaching and Mentoring to African-American Women with Eating Disorders at Predominantly White Colleges  
Charlynn Small, PhD, CEDS & Mazella B. Fuller, PhD, MSW, LCSW  
This workshop describes an approach to working with eating disordered African-American women who are attending predominantly white colleges. The intervention utilizes integrative health coaching and mentoring, including techniques that enhance motivation, strength-based empowerment, self-efficacy and resiliency, to address the myriad of complex issues affecting this group.
Interactive • Advanced

SA6  Emotion Exposures: Leaning-in to Food Avoidance  
Heather Thompson-Brenner, PhD, FAED & Dee Ross Franklin, MA  
Research suggests that weight restored eating disorder patients who continue to experience strong food avoidance are more likely to relapse. This workshop uses case material to explore and explain the use of deliberate food exposure as a therapeutic practice to help overcome food avoidance.
Didactic/Interactive • Advanced

SATURDAY AFTERNOON WORKSHOPS

2:00-3:30 Keynote Presentation  
Shining the Light on Marginalized Populations: A Discussion on Race and Gender  
Gayle E. Brooks, PhD & Rachel Levine, MD  
Eating disorders are not just white, middle-class, heterosexual, cisgender and able-bodied, young girls’ illnesses. This keynote presentation explores personal, political and clinical issues of race and gender in eating disorder treatment. Dr. Levine shares personal reflections of her experience as a transgender woman, discusses differences between gender roles, sexual orientation and gender identity, and describes her clinical work with eating disorders and gender dysphoria. Dr. Brooks presents the growing body of research suggesting African Americans are not immune to eating disorders, including specific risk and protective factors, the impact of oppression and assimilation stress on identity development, and culturally relevant treatment implications.

3:30-4:00 BREAK

4:00-6:00 SATURDAY AFTERNOON WORKSHOPS

SA7  “I’m Not a Little Adult”: The Art of Matching Clinical Approach to Cognitive Development in Adolescents  
Sara Gould, PhD  
Diversity of cognitive maturation and ability among adolescents can complicate eating disorders treatment. This presentation reviews information on selected aspects of cognitive development during adolescence, and uses clinical examples to illustrate how matching intervention and developmental stage can maximize clinical effectiveness, including how and to what extent to include parents in the treatment process.
Interactive • Advanced

SA8  Type 1 Diabetes and Eating Disorders: A Complex Dual Diagnosis  
Susan Ice, MD & Trish Lieberman, MS, RD, LDN  
Individuals with type 1 diabetes are 2.5 times more likely to develop an eating disorder. This workshop discusses identifying ED-DMT1, standards of care for treating ED-DMT1, physical and psychological sequelae of untreated and treated conditions, and therapeutic interventions tailored to support diabetes management and eating disorder recovery.
Didactic/Interactive • All Levels

SA9  Exposure with Response Prevention: Treatment Implications Across the Lifespan to Target Body Dissatisfaction in the Later Phases of Recovery from an Eating Disorder  
Brad Mac Neil, PhD  
Frequently, body dissatisfaction maintains an eating disorder or contributes to relapse after treatment has been initiated. This interactive workshop offers a working knowledge of Exposure with Response Prevention (ERP), a novel group therapy approach to the treatment of body dissatisfaction in the later stages of recovery from an eating disorder.
Interactive • Advanced
SA10 Menstruation to Menopause: Hormones Throughout the Lifespan and Their Intersection with Eating Disorders
Maria Sorbara Mora, MS, RD, CDN, CEDRD, RYT

Hormones are natural substances produced in the body that influence bodily growth or development. This presentation delineates the effects of hormonal changes during the onset of menses, pregnancy and menopause, and explores how eating disorders intersect with and alter these effects. Nutritional interventions for rebalancing bodily functions are described.

Didactic • All Levels

SA11 Eating Disorders: Who Dies?
Mark Warren, MD, MPH, FAED
& Mary Tantillo PhD, PMHCNS-BC, FAED

It is crucial to understand why people die from eating disorders and the role of diversity. From a relational-cultural perspective, this presentation examines research on mortality, with an emphasis on the multiple disconnections that exacerbate an eating disorder. It offers strategies to promote neurobiological and interpersonal connections that foster successful treatment and avoid premature death.

Didactic/Interactive • All Levels

SA12 Exploring Identity through Recovery: The Power of our Voices
Cynthia Whitehead-Laboo, PhD, Nettie Reeves, CPT, CHC
& Ryan Sallans, MA

Members of marginalized groups who experience oppression, discrimination and trauma often develop eating disorders, poor self-esteem and negative body image. In this workshop, presenters discuss how their own marginalization and oppression influenced their relationship with food and body image, and describe their personal paths to recovery and well-being.

Didactic/Interactive/Experiential • All Levels

6:00-7:00 POSTER PRESENTATIONS & NETWORKING RECEPTION

Please join us as poster presenters display their work on topics relevant to the theory, treatment and prevention of eating disorders. Attendees are encouraged to enter into dialogue with presenters. Hors d’oeuvres will be served. A cash bar will offer wine, cocktails and soft drinks.

Sunday, November 13, 2016

6:45-7:30 MORNING EXERCISE: SAFE SPACE YOGA
Maria Sorbara Mora, MS, RD, CDN, CEDRD, RYT

Bring your body and your curiosity and experience yoga from the inside out. Join me for a therapeutic yoga class that allows for an exploration of your body with eyes closed and awareness opened!
Building a Life Worth Living: The Importance of Values in Recovery from an Eating Disorder
Rebecca Wagner, PhD

Individuals struggling with an eating disorder often lose sight of their values, which maintains their illness and increases suffering. Helping patients/clients identify and get reconnected with values is an important part of treatment. This workshop explores values work, and provides practical exercises to help rebuild a life worth living.

Didactic/Interactive/Experiential • All Levels

**REGISTRATION INFORMATION**

Please register early as space is limited.

Assignment to workshops is based on availability at the time registration is received. Please note that the program may be subject to change.

Included in the cost of this conference are breakfast and lunch each day, snacks throughout the day and a buffet dinner on Friday night. In addition, Renfrew has negotiated a low hotel rate for conference attendees.

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* To receive the early registration discounted rate, registration forms MUST BE POSTMARKED BY September 16, 2016.
** Photocopy of Student ID must accompany registration form.

Group rates available for four or more from the same organization.
No phone registrations will be accepted.

Thursday Evening
- New Attendee Orientation

Friday
- Morning Exercise: FUNky Fit
- Continental Breakfast
- Morning/Afternoon Workshops
- Lunch
- Keynote
- Refreshment Breaks
- Evening Gathering & Buffet Dinner

Saturday
- Networking Breakfast for Nutrition Therapists
- Men’s Networking Breakfast
- Breakfast Honoring Diverse Populations
- Continental Breakfast
- Morning/Afternoon Keynotes
- Morning/Afternoon Workshops
- Refreshment Breaks
- Lunch
- Poster Presentations & Networking Reception

Sunday
- Morning Exercise: Safe Space Yoga
- Networking Breakfast Celebrating Sexual & Gender Diversity
- Continental Breakfast
- Morning Workshop
- Refreshment Break
- Keynote
- Closing Ritual
- Lunch & Tour of The Renfrew Center

For more information please contact Debbie Lucker at 1-877-367-3383 or dlucker@RenfrewCenter.com
Gayle E. Brooks, PhD
is Vice President and Chief Clinical Officer, The Renfrew Centers. The Director of the Renfrew Clinical Excellence Board and the Clinical Training Department, she has clinical oversight responsibility for Renfrew’s residential facility in Florida and the non-residential sites in CA, FL, GA, NC, TN and TX. A member of the IAEDP Board, and Co-Chair of the AED Diversity Special Interest Group, Dr. Brooks was the eating disorders specialist in the HBO film, Thin, and has been featured in numerous national publications, including The New York Times and People Magazine. She speaks frequently at national conferences and workshops.

Diana Fosha, PhD
is Founder and Director of the Accelerated Experiential-Dynamic Psychotherapy Institute. The author of The Transforming Power of Affect: A Model for Accelerated Change, and Co-Editor of The Healing Power of Emotion: Affective Neuroscience, Development & Clinical Practice. She publishes frequently and presents both nationally and internationally on healing transformational processes in experiential therapy and trauma treatment. Dr. Fosha’s therapeutic work focuses on integrating neuroplasticity, recognition science and developmental dyadic research into experiential clinical process with patients, especially with regard to attachment trauma. She lives and practices in New York City.

Rachel Levine, MD
is Physician General, the Commonwealth of Pennsylvania and Professor of Pediatrics and Psychiatry, Pennsylvania State College of Medicine. She was the former Vice-Chair, Clinical Affairs, Department of Pediatrics and Chief, Division of Adolescent Medicine and Eating Disorders, Penn State Hershey Children’s Hospital-Milton S. Hershey Medical Center. Dr. Levine speaks frequently at eating disorder conferences and workshops.

Rachel Simmons, A.B.
is Founding Director, Girls Leadership Institute, Scholar-in-Residence, Miss Hall’s School and Consultant to schools and organizations nationally and internationally. A former Rhodes Scholar, and the author of several bestselling books on contemporary adolescent culture, including most recently, The Curse of the Good Girl: Raising Authentic Girls with Courage and Confidence, she is a pioneer in the study of female relationships and aggression, bullying, and schoolgirl cruelty. Ms. Simmons’s New York Times bestselling Odd Girl Out: The Hidden Culture of Aggression in Girls, has been translated into ten languages and adapted into a highly acclaimed Lifetime movie.

Anne-Marie Slaughter, DPhil, JD
is President and CEO of New America and Bert G. Kerstetter Professor Emerita of Politics and International Affairs, Princeton University. Formerly Dean of Princeton’s Woodrow Wilson School and J. Sinclair Armstrong Professor of International, Foreign, and Comparative Law at Harvard Law School, she was the first woman to be Director of Policy Planning for the U.S. Department of State. Dr. Slaughter has written or edited seven books, including The Idea That is America, and most recently, Unfinished Business: Women, Men, Work, Family. Her 2012 article, “Why Women Still Can’t Have It All,” the most read article in the history of The Atlantic sparked a renewed national debate on continued obstacles to genuine male-female equality.

Accreditation
The Renfrew Center Foundation is approved by the American Psychological Association to sponsor continuing education for psychologists. The Renfrew Center Foundation maintains responsibility for the program and its content.

The Renfrew Center Foundation has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5852. Programs that do not qualify for NBCC credit are clearly identified. The Renfrew Center Foundation is solely responsible for all aspects of the programs.

Continuing Education Credits for social workers have been applied for and are pending approval by the National Association of Social Workers for 18 Continuing Education Credits.

Continuing Education Credits for registered dietitians are offered pending approval by the Commission on Dietetic Registration.

This activity has been submitted to PSNA for approval to award contact hours. PSNA is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of Nevada School of Medicine and The Renfrew Center Foundation. The University of Nevada School of Medicine is accredited by the ACCME to provide continuing medical education to physicians.

The University of Nevada School of Medicine designates this live activity for a maximum of 18 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
REGISTRATION FORM  Please print clearly

Name: ____________________________________________  Organization: __________________________

Preferred Mailing Address (Work or Home): ____________________________  City: ____________________________  State: ________  Zip: ____________

Work Phone: ____________________________  Home Phone: ____________________________  E-mail: ____________________________

First Time Attendee (Yes or No) ____________________________

WORKSHOP REGISTRATION  Please indicate 1st and 2nd choice

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Please indicate 1st and 2nd choice:

- [ ] Networking Breakfast for Nutrition Therapists
- [ ] Men's Networking Breakfast
- [ ] Safe Space Yoga
- [ ] Networking Breakfast Celebrating Sexual and Gender Diversity
- [ ] Lunch & Tour of The Renfrew Center
- [ ] Poster Presentations & Reception
- [ ] Breakfast Honoring Diverse Populations
- [ ] Evening Gathering
- [ ] Networking Breakfast
- [ ] New Attendee Orientation
- [ ] Networking Breakfast Celebrating Diverse Populations

Below is my credit card information authorizing payment to be charged to my account. (Only the cards listed below are accepted.)

Credit Card used:  [ ] AMEX  [ ] DISCOVER  [ ] MASTERCARD  [ ] VISA

Credit Card #: ____________________________  Sec. Code: ____________

Exp. Date: ____________  Amount to be charged: $____________

Signature: ____________________________  Date: ____________

Total Amount: $____________

Enclosed is a check or money order in the amount of $____________

Please make checks payable to The Renfrew Center Foundation. Full refunds will be made for cancellation requests received by Friday, October 7, 2016. Cancellations after Friday, October 7, 2016 will be subject to a 50 percent administrative fee. There will be no refunds after Friday, November 4, 2016. Credits will be issued for use toward future Renfrew Center Foundation Conferences.

HOTEL & CONFERENCE SITE INFORMATION

Philadelphia Airport Marriott
One Arrivals Road, Terminal B
Philadelphia, Pennsylvania 19153
Toll-free: 1-800-682-4087

Conveniently located in the Philadelphia International Airport Terminal B, this smoke-free facility has been awarded a “green certification” for their environmentally friendly practices, which includes a full scale hotel-wide recycling program.

Hassle-free transportation to Center City, Philadelphia and the historic district is a 15-minute train ride departing every 30 minutes at a one-way rate of $7. Taxi service is also readily available just outside the hotel lobby. By car, take I-95 North or South to Philadelphia International Airport. Parking is complimentary for overnight guests or $12 for non-overnight guests, only for those parking in Garage C, Level 2.

The negotiated rate is $120 per night plus taxes for a single or double occupancy. Room rates are based on availability from Friday, June 10, 2016 through Friday, October 7, 2016. To reserve a room at the discounted rate please call The Philadelphia Airport Marriott directly at 1-800-682-4087. Please identify yourself as a Renfrew Conference attendee. Reservations must be made no later than Friday, October 7, 2016 in order to receive the special discounted rate.

The Marriott’s attentive staff looks forward to welcoming you to the great city of Philadelphia and The Renfrew Center Foundation Conference!

CONFERENCE CHAIR

Judi Goldstein, MSS, LSW is Vice President of The Renfrew Center Foundation and has been responsible for the development of the Conference since 1994. She has been with The Renfrew Center for more than 30 years, since it opened in 1985. Ms. Goldstein is a Founder of The National Eating Disorders Association and recipient of NEDA’s 2015 Lifetime Achievement Award.

FOUNDATION PRESIDENT

Samuel E. Menaged, JD is the Founder and President of The Renfrew Centers and The Renfrew Center Foundation. He is a board member of the Residential Eating Disorders Consortium and the Past President of the Board of the Eating Disorders Coalition for Research, Policy and Action, an advocacy group based in Washington, D.C. Mr. Menaged is a former healthcare attorney.

COMMITTEE MEMBERS

Gayle E. Brooks, PhD
Alecia Connlain
Wendy Cramer, MEd
Melissa Falzarano
Jennifer Fitzgibbon, BSN, BA, RN
Dee Franklin, MA
Susan Ice, MD
Deborah Lucker
Margo Maine, PhD

Jenna McCormick
Beth Hartman McGilley, PhD
Kaitlin McFadden
Vanessa Menaged
Kavita Patel, MBA
Adrienne Ressler, MA, LMSW, CEDS, Fiadep
Melanie Smith, LMHC
Mark Warren, MD, MPH, FAED
The 26th Annual Renfrew Center Foundation Conference

FEMINIST RELATIONAL PERSPECTIVES AND BEYOND:

Eating Disorders Across the Lifespan and in Diverse Populations

November 11–13, 2016 | Philadelphia, PA

“Renfrew continues to provide the best professional eating disorders conference with the richest personal experience.”

ABOUT THE RENFREW CENTERS
The Renfrew Center, established in 1985 in Philadelphia, is celebrating its 30th Anniversary as the first free-standing, residential treatment facility in the United States exclusively dedicated to the treatment of adolescent girls and women with eating disorders. Renfrew is the first and largest eating disorder treatment network in the country and has treated more than 65,000 women. Renfrew provides a comprehensive range of services in California, Connecticut, Florida, Georgia, Illinois, Maryland, Massachusetts, New Jersey, New York, North Carolina, Pennsylvania, Tennessee and Texas. Programs and services vary by site and include: Residential, Day Treatment, Intensive Outpatient, Group Therapy, Individual, Family and Couples Therapy and Nutrition Therapy. Treatment tracks offered include: trauma, emotional eating, substance abuse, adolescents and women in midlife.

The treatment philosophy emphasizes a respect for the unique psychology of women, the importance of a collaborative therapeutic relationship and the belief that every woman needs to actively participate in her own recovery. The Renfrew Center integrates relational principles and practice with the latest developments in the effective treatment of patients with eating disorders. Renfrew has relationships with most managed care companies, is a Preferred Provider for many major insurance companies and works with individuals to create a financial plan that meets the needs of each prospective patient.

Call 1-800-RENFWREW (736-3739) or visit www.renfrewcenter.com for more information about The Renfrew Centers.

ABOUT THE RENFREW CENTER FOUNDATION
The Renfrew Center Foundation, founded in 1990, is a non-profit, charitable organization dedicated to advancing the education, prevention, advocacy, research and treatment of eating disorders. Through its programs, the Foundation aims to increase awareness of eating disorders as a public health issue and research the pathology and recovery patterns of people with eating disorders. The Foundation also seeks to educate professionals in the assessment, treatment and prevention of behavioral and emotional disorders by sponsoring an Annual Conference, as well as numerous seminars throughout the country. To date, the Foundation has trained more than 30,000 professionals.

Professionals can become more involved with The Foundation’s efforts through individual donations and planned giving opportunities. Together, with your help, we can build a future where women, girls and their families have the hope for a healthy life, free from eating disorders. For information about The Renfrew Center Foundation, please call toll-free 1-877-367-3383 or visit www.renfrewcenter.com.